



BEREAVEMENT SUPPORT GROUP

WILLITS

This facilitated 8-week group provides an opportunity to learn the symptoms of grief, as well as to recognize the individual nature of its expression and duration. With a fuller understanding of the grief process and effective techniques to cope, we can find meaning and move forward.

Beginning Thursday, March 23

Time: 1:30-3:30

For more information or to register, call:

Suzanne Picetti-Johnson 707-456-9676



Susana Wilson and Suzanne Picetti-Johnson

Group Facilitators