



Dawnmarie Risley-Childs, DO

A Physician's Journey: Through Abuse, Psychedelics & Forgiveness

Wed. May 15, 6-7pm

Dr. Risley is retired as a board-certified physician specializing in psychiatry. Despite surviving severe psychological, physical, and sexual abuse, Dr. Risley chose to heal through forgiving her abusers after recognizing those who harmed her are broken people. Born to a violent alcoholic father, sister to a vanquished brother, raised by a psychopathic step-father and offered by a sadistic mother who played the victim, Dr. Risley inspires survivors to take the first steps toward a healing journey to shed the albatross of shame and set themselves free from the burdens of their justified anger and fear. Please join us for this uplifting and empowering talk.

Dr. Risley is an advocate for those afflicted with mental illness, a private pilot, a former skydiver, art collector and most importantly a wife and a mother.



A PROGRAM OF THE FRANK R. HOWARD FOUNDATION

Call 707-456-9676 for more info.

Email:

spicetti@howardfoundation.org.

Visit: avenuestowellness.org.

May2024

**Let Go of
Shame**



**Forgive
Yourself**



**Find Purpose in
Your Suffering**



**Understand the
Importance of
Setting Firm
Boundaries**

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