

## Emergency Preparedness HOME SURVIVAL KITS

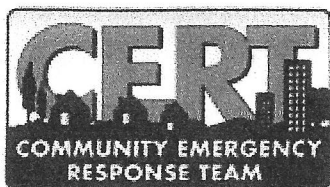
*Emergency home survival kits should contain a minimum of 72 hours worth of emergency supplies for home disaster preparedness, 7 days is recommended.*

### Household Disaster Kit:

Electrical, water, transportation, and other vital systems can be disrupted for several days after a large disaster. Emergency response agencies and hospitals will likely be overwhelmed and unable to provide you with immediate assistance. To help your family cope after a disaster, store a household disaster kit in an easily accessible location. If possible, make two kits and keep them in different locations. This kit, which complements your personal disaster kits, should be in large watertight containers that can be easily moved and should hold at least a 3 to 7 day supply of the following items:

- Drinking water (minimum one gallon per person per day). Regular Clorox bleach will purify water. Use 2 drops per quart or 8 drops per gallon. Let sit 30 minutes.
- First aid supplies, medications, and essential hygiene items, such as soap, toothpaste, and toilet paper.
- Emergency lighting—12-hour light sticks and a working flashlight with extra batteries and flashlight bulbs (hand-powered flashlights are also available).
- A hand-cranked or battery-operated radio with spare batteries.
- Canned and packaged foods and cooking utensils, including a manual can opener.
- Items to protect you from the elements, such as warm clothing, sturdy shoes, extra socks, blankets, and a tent or tarp.
- Heavy-duty plastic bags for waste and to serve other uses, such as tarps and rain ponchos.
- Work gloves, protective goggles and face particulate masks.
- Tools: Hammer, Pliers, Flat-tip and Philips Screwdrivers, Duct Tape, WD-40
- Pet food and pet restraints.
- Copies of vital documents, such as insurance policies and personal identification.

*NOTE: Replace perishable items like water, food, medications, bleach and batteries on a yearly basis.*



For information on CERT training Or Emergency Preparedness Training for individuals or your business  
Call North Coast Opportunities at 467-3200 ext 316