

Emergency Preparedness CAR SURVIVAL KITS

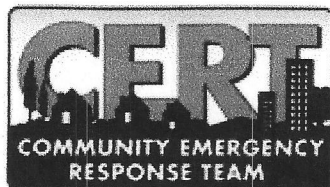
Emergency car survival kits should contain a minimum of 72 hours worth of emergency supplies for car disaster preparedness.

Emergency Car Kit Contents

- **Water** – 12 8 oz. boxes or pouches of water (5 year life)
- **Food** – 15 - Meal Size Energy Bars (5 year life)
- **Warmth/Shelter** - 2 - Survival Blankets, 2 - Ponchos, Medical Supplies, 1- First Aid/Medical Kit
- **Lighting** - 2 – “D” Flashlight with batteries, six 12-hour Lightsticks
- **Radio** - 1 – AM/FM Radio with batteries (hand cranked preferred)
- **Support Supplies** - 2 – whistles, 2 pairs work gloves, 2 dust masks, 2 pack wet wipes, 2- Pocket Tissue
- **Package**, 1 - 30 Gallon Plastic Bag, 3 - 10 Gallon Plastic Bags, 1 pack waterproof matches or BIC lighters, 1 multifunction tool, 2 hygiene kits with soap, tooth brush, tooth paste, feminine hygiene items
- **Tools** - Hammer, Pliers, Flat-tip and Phillips screwdriver, duct tape, can of WD-40, Road flares or reflectors, Jumper cables, Nylon zip ties, Hand axe

Go-Bags

It is also advisable to have a clothing "go-bag" in the vehicle with extra socks, pants, shirt, underwear, hat and windbreaker jacket for the primary vehicle user. Additional go-bags should be prepared for each member of the family so they can be taken in the event you need to evacuate your residence.



For information on CERT training Or Emergency Preparedness Training for individuals or your business
Call North Coast Opportunities at 467-3200 ext 316